



52nd AFBF ASIAN CHAMPIONSHIPS
BODYBUILDING, CLASSIC BODYBUILDING,
FITNESS, BODYFITNESS, BIKINI FITNESS
MEN'S & WOMEN'S PHYSIQUE
& ELECTORAL CONGRESS

IFBB World Ranking Event
IFBB Elite Pro Qualifier

INSPECTION REPORT



ULAANBAATAR – MONGOLIA
April 26th – 29th 2018



Welcome

The Organizing Committee of the Mongolian United Federation of Bodybuilding and Fitness (MUFBF) extends a warm welcome to all AFBF National Federations to participate in the 52nd Asian Bodybuilding, Classic Bodybuilding, Fitness, Bodyfitness, Bikini, Men's & Women's Physique Championships in **Ulaanbaatar, Mongolia, April 26th – 29th, 2018.**

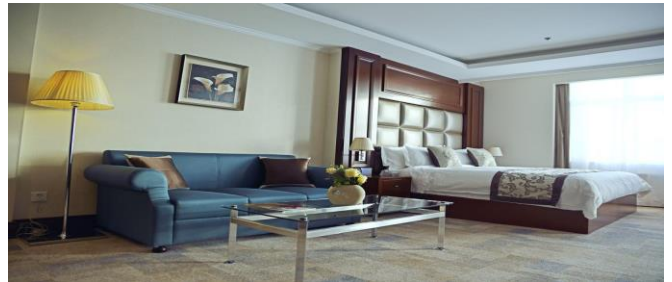
ABOUT MONGOLIA

Please watch a short video about Mongolia from the following link:

- www.youtube.com/watch?v=Ta2oeN50FHs

OFFICIAL HOTEL

Premium Hotel ★★★★★, Ulaanbaatar



Ramada, Ulaanbaatar ★★★★★



IMPORTANT NOTICE

Only the Organizing Committee is authorized to arrange hotel reservations, including accommodations before the Official Arrival Date, after the Official Departure Date and during the Championships, for all Official Participants (Athletes and Delegates), extra delegates, supporters, media and others.

ACCOMMODATION:

FOR OFFICIAL PARTICIPANTS

Official arrival date is April 26th (Thursday) and official departure date is April 29th (Sunday).

The Organizing Committee has provided a full Special Package Rate, which includes three (3) nights' accommodations with (3) three meals per day (breakfast, lunch, dinner), tickets to the prejudging and finals, ticket to the farewell banquet, and onsite transportation at a cost of **USD \$300** per person in a double room or twin room, or **USD \$400** per person in a single room.

The package starts with dinner **on April 26th (Thursday), 2018**, breakfast, lunch and dinner **on April 27th and 28th**, and ends with breakfast **on April 29th (Sunday), 2018**.

Official Delegates pursuant to IFBB rules:

1. Three (3) or more competitors: Two (2) delegates
2. Two (2) competitors or less: One (1) delegate
3. National Federations with no athlete may send one (1) official delegate. This delegate will be responsible for all of his/her own expenses.

The term "OFFICIAL PARTICIPANT" means:

1. An ATHLETE who is duly authorized by his/her national federation and who is registered by the AFBF to compete in the Championships
2. A DELEGATE who is duly authorized by his/her national federation and who is registered by the AFBF & IFBB to participate in the Championships pursuant to AFBF & IFBB rules.

IMPORTANT NOTICE

All National Team Official Participants (athletes and delegates) must check-in **BEFORE** the start of the **TECHNICAL MEETING (April 26th, 14:00 hrs)**. Any Official Participant not checked-in by this deadline will be classified as an extra delegate and will be responsible for all his expenses. Any judge, coach or trainer who is not an Official Participant will be responsible for all his expenses. If your National Federation wishes to bring a judge, coach or trainer, it is recommended that your Federation nominate this individual to be an Official Participant for your Federation; otherwise, these individuals will be responsible for all their own expenses. The same rule applies for family members.

NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES

FULL PACKAGES RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS

The Organizing Committee has provided a full special package rate, which includes three (3) nights' accommodation with three (3) meals per day (breakfast, lunch & dinner], tickets to the prejudging & finals, tickets to the farewell banquet, and onsite transportation at a special cost. For extra delegates, we offer a special price for Asian Electoral Congress.

- For single room **USD \$500**

- For Double room **USD \$400**

The package starts with dinner **on Thursday, April 26th, 2018**, breakfast, lunch and dinner **on April 27th and 28th**, and ends with breakfast **on Sunday, April 29th, 2018**.

Hotel Security Deposit

An initial security deposit of **USD \$100** per person is required upon check-in for incidental and personal expenses, which may arise (telephone, mini-bar, laundry, room service, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the chief delegate or team manager will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any member of his/her team.

PLEASE ADVISE YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.

IMPORTANT NOTICE

You must pay the Hotel Security Deposit and AFBF Registration Fee **BEFORE** your team members are provided accommodations. If any of your athletes or delegates arrives to Ulaanbaatar without their Team Manager or Chief Delegate, that athlete or delegate must pay the Hotel Security Deposit and the AFBF Registration Fee **BEFORE** a room can be assigned.

IMPORTANT NOTICE

Please notify the Organizing Committee the details of your arrival time **no later than 10 days before** the Championships, so that suitable transportation can be arranged for your National Team members.

It is very important that every National Federation provide to the Organizing Committee complete arrival details of its team, including the number of people in its delegation.

Your cooperation is essential to ensuring adequate transportation for your team.

EARLY ARRIVALS & LATE DEPARTURES

Any National Federation, including any of its individual team members, arriving before the official arrival date of **April 26th (Thursday), 2018**, and/or staying after the official departure date of **April 29th (Sunday), 2018** will be responsible for **all of their expenses**, including arranging their own transportation between the airport and the hotel.

Typical room charge (included breakfast) before the official arrival date and after the official departure date will be approximately USD \$100 for a double or single room (per day) or USD \$120 for a twin room (per day).

You must notify the Organizing Committee of any early arrivals and/or any late departures **no later than April 13th 2017**.

AIRPORT

The official arrival airport is Chinggis Khan International Airport. The Organizing Committee will pick you up at Chinggis Khan International Airport on arrival and transport you to the official hotel. It is very important that every national federation provide to the Organizing Committee the complete arrival & departure details of its team, including the number of people in the delegation.

FLIGHT RECONFIRMATION

To reconfirm your flight to and from Ulaanbaatar, please contact the secretariat within 24-36 hours before your departure.

VISAS

IMPORTANT NOTICE

Any National Federation team members arriving before the Official Arrival Date of April 26th 2018 and/or staying on after the Official Departure Date of April 29th 2018, will be responsible for their own transportation.

- Any foreign visitor wishing to enter Mongolia must have a valid passport and visa.
- Mongolian visas are issued by Mongolian Diplomatic Missions abroad or upon arrival at a special request.
- Mongolian Embassy and Honored Consul in foreign countries will issue a visa. Please consult the Mongolia Embassy and Honored Consul in your country to determine if you need a visa.
- An official letter of invitation will be made available if required.

INFORMATION NOTICE

Citizens of below mentioned countries visit Mongolia without a visa:

- | | |
|---|---------------|
| - Hong Kong China (up to 14 days visit) | - Macao China |
| - Japan | - Malaysia |
| - Kazakhstan | - Philippines |
| - Kyrgyzstan | - Singapore |
| - Laos | - Thailand |

Detailed info at: <http://consul.mn/02visae.php>

VENUE SITE

Corporate Convention Center, Ulaanbaatar, Mongolia.



PARTICIPATION

The Championships is open for all Asian AFBF-affiliated countries. Participation is limited to A-Team and B-Team only. The host country may enter the C-Team. All teams should be nominated by their National Federations by sending the Final Entry Form with their names directly to the Organizing Committee, with a copy to the AFBF General Secretary in Mumbai. The final decision to allow an athlete to compete in this event rests with the AFBF.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

OFFICIAL ATHLETE REGISTRATION

Weigh-in, measurement and registration of athletes will take place at the Official Hotel “Premium Hotel” **on Thursday, April 26th, from 16:00 till 19:00 hrs.** It is the responsibility of the chief delegate or team manager to make sure that the athletes are on time. Any athletes who are late **will not** be accepted to participate and will be responsible for their own expenses.

Registration of athletes will only be considered if they are entered by their National Federation. All athletes will have to produce their **Passports** and **IFBB International Cards** at the Registration. Any athlete who has not yet purchased or renewed (for 2018) his/her IFBB International Card will have to do so at registration. IFBB International Cards are Registration of athletes will only be considered if they are entered by their National Federation. All athletes will have to produce their **Passports** and **IFBB International Cards** at the Registration. Any athlete who has not yet purchased or renewed (for 2018) his/her IFBB International Card will have to do so at registration. IFBB International Cards are EUR €30 OR USD \$40 per year and are mandatory. Please make sure you bring cash.

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

AFBF REGISTRATION FEE:

Each Athlete and Official Delegate must pay the **AFBF registration fee of USD 100** (Three or more competitors: two Official Delegates allowed. Two competitors or less: only one Official Delegate is allowed). This fee is payable to the **AFBF** upon arrival **at the official Hotel – Premium Hotel in Ulaanbaatar.** The AFBF registration fee is completely separate from the hotel security deposit.

CATEGORIES

51 st Asian Championships Categories			
No.	No.	Categories	Class
1	1	MEN'S PHYSIQUE	Up to & incl. 162 cm
2	1		Up to & incl. 166 cm
3	1		Up to & incl. 170 cm
4	1		Up to & incl. 174 cm
5	1		Up to & incl. 178 cm
6	1		Up to & incl. 182- cm
7	1		Over 182 cm
8	2	MEN'S BODYBUILDING	55 kg
9	2		60 kg
10	2		65 kg
11	2		70 kg
12	2		75 kg
13	2		80 kg
14	2		85 kg
15	2		90 kg
16	2		95 kg
17	2		100 kg
18	2	Over 100 kg	
19	3	Junior MEN'S BODYBUILDING age 16-23	Up to 75 kg
20	3		Over 75 kg
21	4	Junior MEN FITNESS age 16-23	Open
22	5	Junior MEN'S PHYSIQUE age 16-23	Open
23	6	Junior Women Fitness age 16-23	Open
24	7	Junior Bodyfitness age 16-23	Open
25	8	Junior Bikini age 16-23	Open
26	9	MASTER MEN'S BODYBUILDING 40-49 YEARS	70 kg
27	9		80 kg
28	9		90 kg
29	9		Over 90 kg
30	9	MASTER MEN'S BODYBUILDING 50-54 YEARS	80 kg
31	9		Over 80 kg
32	9	MASTER MEN'S BODYBUILDING >55 YEARS	Open
33	10	MASTER WOMEN BODYFITNESS age >35	Open
34	11	MASTER WOMEN PHYSIQUE age >35	Open
35	12	MEN'S CLASSIC BODYBUILDING	Up to & incl. 158 cm Max Weight[kg] = (height [cm]-100) - 0 [kg]
36	12		Up to & incl. 162 cm Max Weight[kg] = (height [cm]-100) - 0 [kg]
37	12		Up to & incl. 165 cm Max Weight[kg] = (height [cm]-100) + 1 [kg]
38	12		Up to & incl. 168cm Max Weight[kg] = (height [cm]-100) + 2 [kg]

39	12		Up to & incl. 171 cm Max Weight[kg] = (height [cm]-100) + 3 [kg]
40	12		Up to & incl. 175 cm Max Weight[kg] = (height [cm]-100) + 4 [kg]
41	12		Up to & incl. 180 cm Max Weight[kg] = (height [cm]-100) + 5 [kg]
42	12		Over 180 cm Max Weight[kg] = (height [cm]-100) + 5 [kg]
43	13	MEN FITNESS	Open
44	14	WOMEN FITNESS	Open
45	15	WOMEN'S BIKINI FITNESS	Up to & incl. 163 cm
46	15		Over 163 cm
47	16	WOMEN'S BODYFITNESS	Up to & incl. 163 cm
48	16		Over 163 cm
49	17	WOMEN'S PHYSIQUE	Up to & incl. 163 cm
50	17		Over 163 cm

IMPORTANT NOTICE: From January 1st, 2018, the upper age limit for all IFBB Junior competitors is 23 years old. Year of birth decides. From January 1st, 2018, there are two Master Women's Bodyfitness age categories: from 35 to 44 age old and over 45 years old. Date of birth decides.

Note 1:

AFBF Regulation in case of **less than 3 competitors** in a single category will allow to combine this category with the next category of the same division.

Note 2:

The B-team athletes will receive the same full special package rate as the official participant.

AWARDS

- **Top three athletes** in each category will be awarded with medals.
- **Top six athletes** in each category will be awarded with Certificate of Excellence.
- **Overall** in each discipline will have a trophy.
- **Top 6 athletes** in Men's and Women's senior categories will be awarded points to the **2018 IFBB World Ranking**, according to the World Ranking Rules.
- **Overall winners** in Men's and Women's senior categories **will be awarded additional 3 points to the 2018 IFBB World Ranking.**
- **Top three winners in the Overall categories** in Men's Physique, Men's Classic Bodybuilding and Men's Bodybuilding as well as in Women's Bikini Fitness, Women's Bodyfitness and Women's Wellness Fitness will be awarded with the **IFBB Elite Pro Cards.**
- Men's and Women's Fitness **open category winners** will be awarded with the **IFBB Elite Pro Cards.**

The rules regarding A and B teams for this event are the follows:

The „A”- team

- Each National Federation may enter an „A”- team. The maximum allowable number of competitors in the „A”- team is **25.**
- A maximum allowable number of „A”- team competitors per National federation in any one category shall not exceed two (2).
- Pursuant to applicable rules, the Organizer will provide free-of-charge accommodation, meals, onsite transportation and access to the Prejudging, Finals and Farewell Banquet to all „A”- team competitors **and delegates.**
- National Federation shall pay a Registration Fee for each „A”-team competitor **and delegates.**
- The „A”-team competitors shall compete for placings and awards, including the Best National Team award.
- A National Federation must fully declare its „A”- team competitors on the Final Entry Form and must register the „A”-team competitors upon check-in the official hotel, failing which any undeclared competitor shall be responsible for all his or her expenses.

The „B” - team

- Each National Federation may enter a „B”- team.
- There is NO LIMITATION for „B”- team competitors in these Championship.
- The National Federation shall be obliged to pay the Full Package Rate for each „B”- team competitor. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet.
- There shall be no requirement for „B”- team competitors to pay the Registration Fee.
- The „B”-team competitors shall compete for placings and awards.
- A National Federation must fully declare its „B”- team competitors on the Final Entry Form and must register the „B”- team competitors upon check-in the official hotel, failing which any undeclared competitor shall be disqualified.

PARADE OF THE NATIONS

The mandatory dress code for all delegates participating in the Parade of Nations is as follows:

- Blue blazer with the IFBB/AFBF crest
- Grey dress pants/skirt with shirt and IFBB/AFBF tie
- Black dress shoes with dark socks

No delegates will be permitted in the Parade of Nations wearing sports clothes and sports shoes. One (1) delegate and two (2) competitors (one man, one woman) per country must take part in the Parade of Nations.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment's shall be strictly prohibited in the backstage and/or dressing room areas except when used by AFBF authorized media person and, in any event, these devices shall be strictly prohibited in the dressing room area.

NATIONAL ANTHEM/FLAG

All participating countries must bring with them to Ulaanbaatar, Mongolia the music of their respective national anthems (shortened version only) on a compact disc (CD). This must be on a separate CD to any posing music. All participating National Federations must bring with them to Ulaanbaatar, Mongolia two (2) national flags. The flags must be manufactured of dense silk and measure no more than 2.5 meter x 1.5 meter.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers' meetings as follows: Five (5) or more athletes – two (2) green cards.

Less than (5) athletes – one (1) green card.

JUDGES

Only International Judges holding the IFBB/AFBF judging cards will be allowed to judge in this Championship. In order to assist the Judges Committee in their selection of the judges at these Championships, please forward your information of judges to **Mr. Gu Qiao, Email: cbba_cn@126.com** and copy to the AFBF Headquarters office. The names of those judges submitted in advance will receive priority consideration. All international judges **must** bring their International Cards to Ulaanbaatar.

IMPORTANT NOTICE

All judges who wish to be included in the judges' panels at these championships should be specified on the Final Entry Form. The test judges should also be specified on the Final Entry Form.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2018. This fee may also be paid at the Championships in Ulaanbaatar.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting, will not be allowed to judge at these Championships.

DOPING CONTROL

Competitors will be tested according to the current IFBB/AFBF Doping Control Rules. Doping control will be conducted by Mr. Susumu Yoshida (email: susumu@phouse.jp), AFBF Medical Commission pursuant to the IFBB/AFBF Anti-Doping Rules, using the WADA accredited laboratory in the area. In order to compete in the Championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form.

IMPORTANT NOTICE

Doping control maybe conducted using any of the following methods:

- Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.
- Weighted Selection: A number of athletes selected at random from among the top finalist's e.g.at finals.

The AFBF reserves the rights to target test any athlete.

The IFBB/AFBF is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at AFBF international competitions.

IMPORTANT NOTICE

Pursuant to the IFBB Anti-Doping Rules and as a result of decisions taken at the 2005 IFBB International Congress (Shanghai, China, November 27, 2005) regarding a registered athlete testing pool (to be established in 2006) and an out-of-competition doping control program (to be implemented in 2007), every athlete competing in IFBB world and continental championships must provide accurate and up-to-date whereabouts information.

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the AFBF. All persons wishing to obtain media accreditation for this event must register with the IFBB/AFBF by completing and signing an AFBF media accreditation form.

ATHLETES WITHOUT DELEGATES

All Athletes competing at these Championships must be Members in Good Standing of their National Federations. All athletes must be nominated by their National Federation by sending the Final Entry Form with their names.

MEDICAL WITHDRAWAL

Once officially registered, no athlete may withdraw from competition without the prior approval of the AFBF Chief Judge. It is not accepted for a national federation to unilaterally withdraw an athlete without prior approval of the AFBF Chief Judge, who has the right to verify the reason for the withdrawal.

AFBF ELECTORAL CONGRESS AT 09:00 – 12:30 ON April 27th, 2018

MISREPRESENTATION

Misrepresentation is a serious breach of the IFBB CODE OF ETHICS and occurs where an "official" of a National Federation deliberately misrepresents the number of athletes and delegates so as to obtain free of charge accommodation, meals, onsite transportation, access to the prejudging, finals, and farewell banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation maybe a false claim that a person is an athlete only to have that so-called athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the championships and will be fined an amount equal to the Special Package Rate for each person involved.

PRELIMINARY ENTRY FORM (PEF)

The deadline for the Preliminary Entry Form (available in the Appendix) is **February 20th, 2018**. National Federation must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than the deadline date, confirming your federation's intent to participate.

If at this time you do not know the actual names of the Official Participants (athletes and delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

FINAL ENTRY FORM (FEF)

The deadline for the Final Entry Form is **April 16th, 2018**. National Federations must return the Final Entry Form to the Organizing Committee as soon as possible but not later than the deadline date.

All names of the National Team have to be included. Flight arrival and departure details with flight number and times must be forwarded to ensure transportation for your team.

TIMEZONE

- GMT + 8 hours.
- Daylight-saving time observed

CURRENCY

The national currency in Mongolia is the Mongolian tugrik. (1.00 USD is approximately equal to 2465 Tugrik) but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.

CLIMATE

During the month of April, the average temperature is 10-15⁰C.

ELECTRICAL CURRENT

- The standard voltage is 220 V / 50 Hz.
- Sockets required a two-pin type plug (type C and E) or an adapter. More info at: <https://www.worldstandards.eu/electricity/plugs-and-sockets/>

LANGUAGE

The official language in Mongolia is Mongolian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of IFBB Rules. The IFBB reserves the right to deny participation to any National Federation that does not respect the deadlines for submitting the Final Entry Form.

If a National Federation fails to respect the deadline written on the Final Entry Form, each “Official Participant” from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

FAILURE TO COOPERATE

Failure to cooperate with the Organizing Committee is contrary to the IFBB Code of Ethics and may result in disciplinary measures being taken by the IFBB against the offending National Federation.

CORRESPONDENCE/CONTACT INFORMATION

Please send all correspondence to:

Mongolian United Federation of Bodybuilding and
Fitness (MUFBF) Mr. G. Ochir
General Secretary
Khan-Uul District, 15th khoroo
Mahatma street, Rapid Kharsh, Building 4, Ulaanbaatar, Mongolia
Tel: +976-99110454; +976-99902535
Fax: +97670120454
Email: monochir@yahoo.com

Please copy all correspondence to:

Mr. Sanjay More
General Secretary of the Asian Federation of Bodybuilding and Fitness
E-mail: ibbf_sanjaymore@live.com

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report.

If any of your athletes and/or delegates are traveling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report

TENTATIVE SCHEDULE OF ACTIVITIES

Thursday, April 26th, 2018

06:00--15:00	Arrivals of AFBF National Delegations
12:00 – 13:30	Lunch at the hotel
14:00--16:00	Technical & Judges Meeting
16:00--1900	Weigh-in and Registration (all categories) at Premiun Hotel Conference Hall
19:00--21:00	Dinner at the hotel

Friday, April 27th, 2018

7:00—8:30	Breakfast at the hotel
8:30	Bus to Corporate Convention Center for Electoral Congress
9:00--12:30	AFBF Electoral Congress at Corporate Convention Center - UB Hall
10:30	Bus to Corporate Convention Center for Competition
12:00--13:30	Lunch at the venue site (Corporate Convention Center)
13:00--16:00	Prejudging - Men's Fitness + Athletic Fitness Junior Men's Bodybuilding + Junior Men's Fitness + Junior Men's Physique Women's Bodyfitness + Women's Physique + Women's Bikini + Women's Fitness Junior Women's Fitness + Junior Body Fitness + Bikini
16:00--19:00	Finals - Men's Fitness + Athletic Fitness Junior Men's Bodybuilding + Junior Men's Fitness + Junior Men's Physique Women's Bodyfitness + Women's Physique + Women's Bikini + Women's Fitness Junior Women's Fitness + Junior Body Fitness + Bikini Master Women's Body Fitness + Master Women's Physique
16:00	Elite Pro Weigh-in and Registration at Premiun Hotel Conference Hall
17:00 – 19:00	Bus to the hotel
19:00--21:00	Dinner at the hotel

Saturday, April 28th, 2018

7:00--9:00	Breakfast at the hotel
7:30 – 8:30	Bus to Corporate Convention Center for Competition
9:00--12:00	Prejudging – Men's Physique + Men's Bodybuilding + Men's Classic Bodybuilding Master Men's Bodybuilding (40-49 years)/ (50-59 years)/ (60-64 years) Master Women's Body Fitness + Master Women's Physique
12:30--13:30	Lunch at the venue site (Corporate Convention Center)
14:00--18:00	Finals - Men's Physique + Men's Bodybuilding + Men's Classic Bodybuilding Master Men's Bodybuilding (40-49 years)/ (50-59 years)/ (60-64 years) Master Women's Body Fitness + Master Women's Physique
16:00 – 18:00	Bus to the hotel
19:00 – 21:00	Dinner at the hotel
19:00 – 22:30	Elite Pro Competition at Corporate Convention Center
23:00 – 01:00	Farewell Banquet at Ramada Hotel

Sunday, April 29th, 2018

7:00--9:00	Breakfast
09:00 – 11:30	AFBF Executive Council Meeting at Premium Hotel
9:00--12:00	Departure