



INSPECTION REPORT



2018 ARNOLD CLASSIC EUROPE



ARNOLD



**27-30
SEPTEMBER 2018**

2018 IFBB WORLD RANKING EVENT,
IFBB ELITE PRO QUALIFIER
(24 Elite Pro Cards to win!)



WELCOME



We are proud to present the eighth edition of **ARNOLD CLASSIC EUROPE, ACE 2018**. Our worldwide recognized event returns to the city of Barcelona which celebrate the most important multisport competition in Europe. Handed by Governor Arnold Schwarzenegger and IFBB President, Rafael Santonja, Ph.D., in an incredible setting at FIRA Gran Vía.

LOCATION

The city of Barcelona is going to be the new scene of celebration of this eighth edition of Arnold Classic Europe 2018. Nowadays, Barcelona is recognized as a global city by its culture, finances, business, and tourist importance. Barcelona International Airport is located just 15 km away from the city center and is used by more than 37.5 million of passengers per year. Barcelona turns throughout the Arnold Classic Europe weekend as a meeting point of sport and fitness lifestyle.



VENUE

Located just 3 km from Barcelona historic city center, Fira Gran Via is one of the biggest and most modern Exhibition and Conference Centre worldwide. The venue covers a large area distributed among eight halls and three independent accesses. The chosen hall is number 2, which offers more than 32,000 m² of EXPO.

ADDRESS

FIRA GRAN VIA BARCELONA
Av. Joan Carles I, 64, 08908 L'Hospitalet de Llobregat, Barcelona



RECOMMENDED HOTELS

PLEASE CONTACT
HALCON VIAJES
THROUGH THE
FOLLOWING EMAIL
ACE@globalia.com



Fira Barcelona

There are numerous recommended hotels in the area, which you can choose from. We have reached an agreement with Halcon Viajes, one of the leading travel agencies of the market to offer

personalized service with the guarantee of the best rates in major hotels of Barcelona, since Halcon Viajes gives you the opportunity to book your travel arrangements (flight, train, hotel, transport).

IMPORTANT NOTICE

REGARDING THE HOTELS

There are many international conferences and meetings held in Barcelona every weekend, so hotels may be booked up quickly. Please reserve your rooms well in advance to avoid disappointment.



HOW TO GET TO FIRIA BARCELONA

BY PLANE



Barcelona airport: El Prat has two terminals, T1 and T2, in which around 100 companies operate.

Direct access from the airport:

By road: 12 kilometers away (C-31)

Metro: line l-9 sud ("Fira" and "Europa/Fira" stations)

TMB Bus: line 46 ("Pl. Europa" stop)

Taxi

BY ROAD



The Gran Via venue is located in a new business development area, connected to the main motorways and roads to Barcelona: AP-7, AP-2, A-2, C-16, C-58, C-31, C-32, C-33
GPS: 41.35448, 2.12698

METRO



TMB line: l-9 sud ("Fira" and "Europa/Fira stations")

BUS



TMB lines: 79 and v3

TRAIN



Ferrocarrils generalitat de catalunya (FGC)
Lines S8, S33, R6, R5, S4 ("Europa/Fira" station)
"Barcelona-Sants" station, 4 km from the venue, is connected to a complete regional, national and international rail network.

TAXI



Barcelona has 10,500 taxis
(Visit: arnoldclassiceurope.com for more info)

EXPO & CHAMPIONSHIPS SCHEDULE



**Registration: Thursday,
from 10:00 to 20:00 hrs**

EXPO and Championships:

Friday, from 10:00 to 20:00 hrs

EXPO and Championships:

Saturday, from 10:00 to 20:00 hrs

EXPO and Championships:

Sunday, from 10:00 to 18:00 hrs

- IFBB amateur event starts on Friday, September 28th, at 10:00 hrs.
- Trade show starts on Friday, September 28th, at 10:00 hrs.
- Bodybuilding and Fitness overall categories will take place on Sunday, September 30th.
- Other Overall categories will take place after each division is finished.

The venue will count with two different stages: IFBB categories will be run on both stages.



PARTICIPATION

This competition is open for ALL the IFBB-affiliated National Federations from all over the world. Participation of athletes is unlimited. Registration of athletes will only be considered if they are nominated by their IFBB-Affiliated National Federation. Entry Forms should be e-mailed to info@ifbb.com and amichalak5@gmail.com

Those athletes who have not met the established requirements, who missed the deadline for

registration, or who registered in a division that has already been closed, will also be notified, through their National Federations, that they will be unable to participate in this competition. The Arnold Amateur Organizing Committee reserves the right to decline entry to any athlete who does not meet the requirements. We strongly encourage you to register early and make the appropriate arrangements to

compete in this eighth Arnold Classic Europe, Spain.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

TANNING NEEDS

Jan Tana and her Tanning Team will be offering Tanning, Hair and Makeup Services at the Exhibition Centre FIRA GRAN VIA locate at Av. Joan Carles I, 64. To schedule your appointment click on this link.

<https://www.jantana.com/book-a-tan-with-jan-tana.html>

"THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE."

OFFICIAL ATHLETE REGISTRATION

THE OFFICIAL ARRIVAL DAY IS THURSDAY, SEPTEMBER 27th, 2018. The weigh-in and registration will be conducted on Thursday, Sept. 27th, from 10:00 to 20:00 hrs. Registration and weigh-in will take place at the Fira Gran Via Barcelona (Room 5.1, Conference Center 5). Please see the map below. Address: Av. Joan Carles I, 64, 08908 L'Hospitalet de Llobregat, Barcelona.

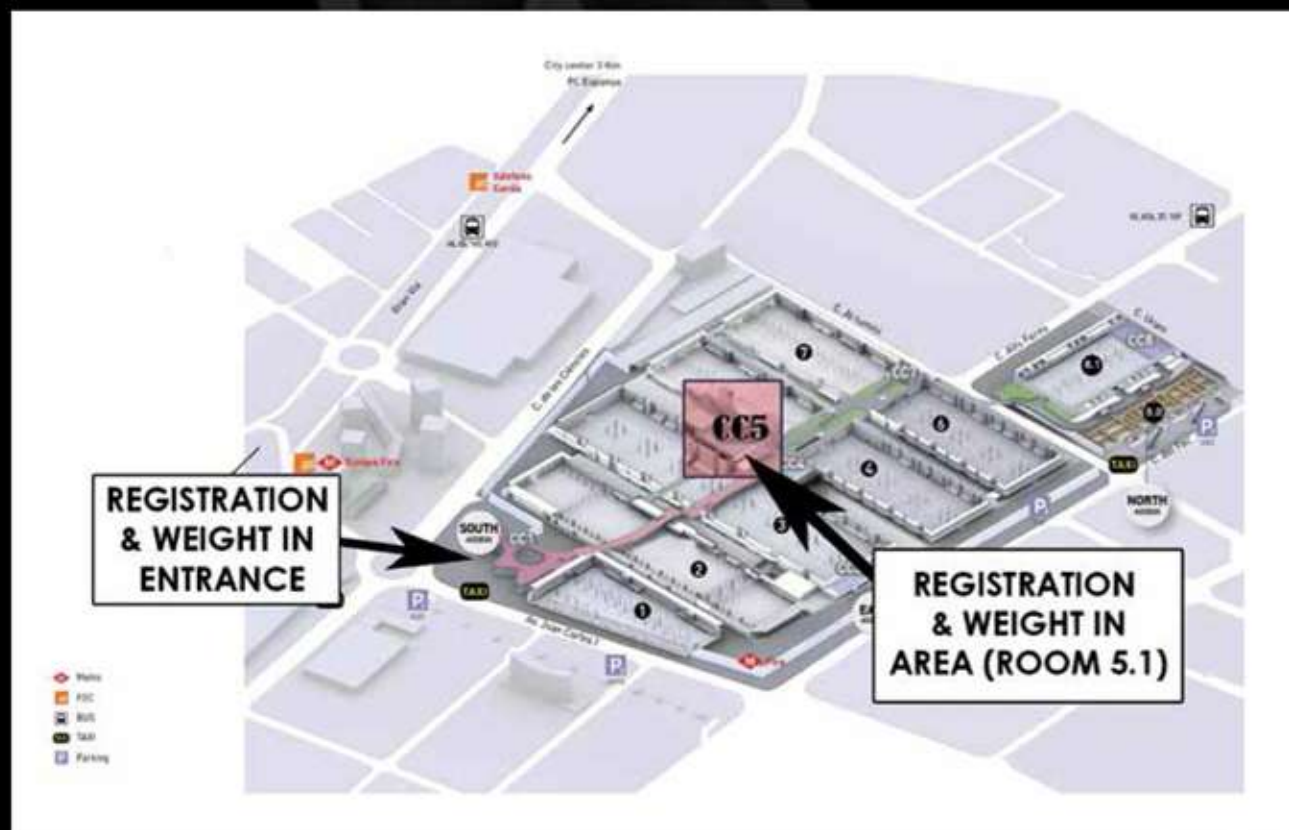
All athletes will have to produce their **Passports and IFBB International Cards** at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one

at registration. IFBB International Cards are EUR €30 and are mandatory.

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Each athlete participating in the championship will be provided with a wristband at the Registration. This identification **will allow daily admission** to the venue and shouldn't be lost.



REGISTRATION FEE

Registration of athletes will only be considered if they are recommended or entered by the National Federation of the athlete and the entry form has been e-mailed directly to the IFBB Office info@ifbb.com and amichalak5@gmail.com. The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee for athletes to enter this competition is **EUR €200**, which have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

For your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The deadline date to do the online payment is September 17th, 2018 (Monday). On September 17th, at 24:00 hrs (midnight - Central European Summer Time, UTC +2) the online payment system will be switched off.

If paying at the Registration on September 27th, 2018 an extra fee of EUR €50 per participant will be charged. According to the IFBB decision, crossovers (second category) are not permitted.



IMPORTANT NOTICE TO COMPETITORS

Athletes participating in these Championships will be given a goodie bag and the wristband at the Official Athlete Registration run on Thursday, September 27th, 2018. This wristband has to be worn during your whole stay, will allow you in and out of the Arnold Fitness EXPO, and should not be removed. There is a special athlete seating area close to the stage and backstage.

IMPORTANT INFORMATION

All the costs for traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.



JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges and test-judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Barcelona. IFBB International Judges must have a valid IFBB Judge's Card, with the IFBB yearly judges fee of EUR €50 paid for 2018.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting, will not be allowed to judge at these Championships.

The Judge's meeting is going to be Thursday 27th at 17:00 hrs. The room selected is 5.3 at the convention center CC5.

MEDIA ACCREDITATION

All media accreditation, including local media, shall be controlled by the IFBB. All professionals wishing to obtain media accreditation for this event must register with the IFBB by e-mail at media@arnoldclassiceurope.es no later than September 1st, 2018.



BACKSTAGE ACCESS

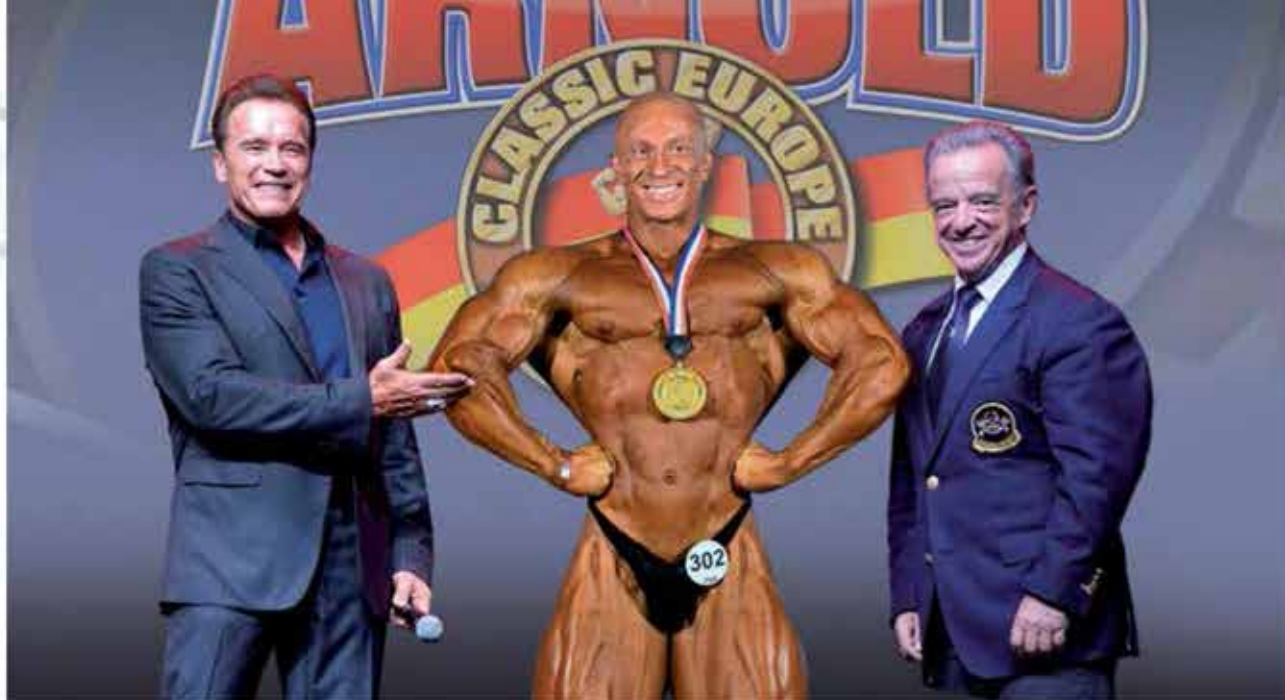
Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Only official Delegates/Trainers possessing the Backstage Pass will be allowed to enter the backstage area. These passes will be on sale on Thursday, September 27th, 2018 at the Athlete Registration area.



PLEASE NOTE

There will be a limited number of extra Backstage Passes, available at the Official Athlete Registration which can be purchased for EUR €50 each. This pass will allow the holder to go in and out of the venue during the weekend and will give access backstage and the athlete allocated seating area. This pass (wristband) has to be worn during your whole stay.





TIME DIFFERENCE

Barcelona is in the Central European Time zone (UTC +2 hour – in summer).

CLIMATE

During the month of September, the average daily temperature is 22°C, 71°F. The lowest temperature is 18°C, 65°F and the highest 26°C, 79°F. Sunshine hours is 7.6 hours, rainfall 5 days per month, chance of rain 19%, chance of cloudy day 6%, and the sea temperature average is 24 °C, 75 °F.

CURRENCY

The national currency in Spain is Euro (EUR). EUR 1.00 = USD 1.24 (January 31st, 2018). Exchange rates of EUR to other currencies at: <http://www.xe.com/currency/eur-euro>.

All major credit cards are widely accepted at most major hotels, department stores and restaurants.

AWARDS

- **Top three** athletes in each category will be awarded with medals.
- **Top six** athletes in each category will be awarded with a Certificate of Excellence.
- **Overall winner** in each discipline will have a trophy.
- **Top 5** athletes in Men's and Women's senior categories will be awarded points to the **2018 IFBB World Ranking**, according to the World Ranking Rules.
- **IFBB Elite Pro Cards** for the top three overall category winners in Men's Physique, Classic Bodybuilding and Bodybuilding as well as Women's Physique, Fitness, Bodyfitness, Bikini Fitness and Wellness Fitness (after application through their National Federations).

VISAS

A valid passport is required to enter Spain. EU country citizens, Iceland, Liechtenstein, Norway and Switzerland do not need to obtain a visa. Also citizens of other 65 other countries don't need visa. Check at:

https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area

If you need a visa, detailed information can be found at: <https://www.schengenvisainfo.com/spain-visa/>

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB.

The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas.

To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer:



- A copy (scan) of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

ENTRY FORM AND CONTACT DETAILS

All entry forms and correspondence should be addressed to the IFBB Technical Committee, Eng. Andrew Michalak at: amichalak5@gmail.com and IFBB Office at: info@ifbb.com.

The deadline date for submitting the entry forms is Monday, September 17th, 2018.

**PLEASE SEND ENTRY FORM NO LATER THAN
SEPTEMBER 17th, 2018 TO:**

IFBB TECHNICAL COMMITTEE,
Eng. Andrew Michalak: E-mail: amichalak5@gmail.com
and IFBB Office at: info@ifbb.com

IMPORTANT INFORMATION

IFBB National Federations are informed that participation in this Championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchase or renewed this IFBB International Card will have to buy one at registration. IFBB Cards are EUR €30 per year and are mandatory.



CATEGORIES

THE FOLLOWING CATEGORIES
ARE OPEN FOR THE 2018
ARNOLD CLASSIC EUROPE

Men Bodybuilding

Up to & incl. 70 kg
Up to & incl. 75 kg
Up to & incl. 80 kg
Up to & incl. 85 kg
Up to & incl. 90 kg
Up to & incl. 95 kg
Up to & incl. 100 kg
Over 100 kg

Men Classic Bodybuilding

Up to & incl. 168 cm
Up to & incl. 171 cm
Up to & incl. 175 cm
Up to & incl. 180 cm
Over 180 cm

Women Physique

Up to & incl. 163 cm
Over 163 cm

Women Bodyfitness

Up to & incl. 158 cm
Up to & incl. 163 cm
Up to & incl. 168 cm
Over 168 cm

Women Bikini-Fitness

Up to & incl. 158 cm
Up to & incl. 160 cm
Up to & incl. 162 cm
Up to & incl. 164 cm
Up to & incl. 166 cm
Up to & incl. 169 cm
Up to & incl. 172 cm
Over 172 cm

Women Wellness Fitness

Up to & incl. 158 cm
Up to & incl. 163 cm
Over 163 cm

Men Physique

Up to & incl. 170 cm
Up to & incl. 173 cm
Up to & incl. 176 cm
Up to & incl. 179 cm
Up to & incl. 182 cm
Up to & incl. 185 cm
Over 185 cm

Muscular Men's Physique

Up to 175 cm
Over 175 cm

Junior Women Bodyfitness

Open Class

Junior Women Bikini-Fitness

Up to & incl. 160 cm
Up to & incl. 166 cm
Over 166 cm

Junior Men Bodybuilding

Up to & incl. 75 kg
Over 75 kg

Junior Men Classic Bodybuilding

Open Class

Junior Men Physique

Up to & incl. 174 cm
Up to & incl. 178 cm
Over 178 cm

Men Fitness

Open Class

Women Fitness

Up to & incl. 163 cm
Over 163 cm

Master Women Bikini-Fitness

Age >35 Up to 163 cm
Age >35 Over 163 cm

Master Women Bodyfitness

Age 35-44 yrs Open Class
Age >45 yrs Open Class

Master Women Physique

Age >35 yrs Open Class

Master Men Physique

Age 40-44 yrs Open Class
Age >45 yrs Open Class

Master Men Bodybuilding 40-44 yrs

Up to & incl. 70 kg
Up to & incl. 80 kg
Up to & incl. 90 kg
Over 90 kg

Master Men Bodybuilding 45-49 yrs

Up to & incl. 70 kg
Up to & incl. 80 kg
Up to & incl. 90 kg
Over 90 kg

Master Men Bodybuilding 50-54 yrs

Up to & incl. 80 kg
Over 80 kg

Master Men Bodybuilding +55 yrs

Up to & incl. 75 kg
Over 75 kg

Master Men Classic BB

Open Class

NEW CLASSIC BODYBUILDING BODYWEIGHT LIMITS:

BODY HEIGHT	BODYWEIGHT LIMIT [KG]:
Up to 168 cm	Max. bodyweight = Height [cm] - 100
Up to 171 cm	Max. bodyweight = (Height [cm] - 100) + 2
Up to 175 cm	Max. bodyweight = (Height [cm] - 100) + 4
Up to 180 cm	Max. bodyweight = (Height [cm] - 100) + 7
Up to 190 cm	Max. bodyweight = (Height [cm] - 100) + 9
Up to 198 cm	Max. bodyweight = (Height [cm] - 100) + 11
Over 198 cm	Max. bodyweight = (Height [cm] - 100) + 13


Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible. If less than 5 athletes in a category, no points will be awarded to the IFBB World Ranking.

ARNOLD



 Arnold Classic Europe

 @ArnoldClassicEu

 @arnoldclassiceurope



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS

IFBB HEADQUARTERS

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