



2017 WORLD FITNESS CHAMPIONSHIPS

IFBB ELITE RANKING QUALIFIER

DECEMBER 01ST - 04TH, 2017

BIARRITZ - FRANCE

INSPECTION REPORT

welcome

Dear Friends,

On behalf of the AFBBF, I am pleased to invite you and our IFBB International President Dr. Rafael Santonja to participate in this year's edition of the World Fitness Championships to be held on December 1st to 4th, 2017 in Biarritz, France. This will be the opportunity for most of you to discover our beautiful, peaceful and welcoming country.

Please find enclosed the regulations of the competition and other necessary information. We are hoping that many of you will be able to join us for this event and make it a more successful event than the former one. We are looking forward to welcome you in Biarritz.

Sincerely yours,

Mario VALERO

*(French Bodybuilding & Fitness Federation
President, IFBB affiliated)*

The French Bodybuilding & Fitness Federation and the city of Biarritz extend a warm welcome to all IFBB-affiliated National Federations from all over the world planning to participate in the 2017 World Fitness Championships.



location



Biarritz is a city on the Bay of Biscay, on the Atlantic coast in the Pyrénées-Atlantiques department in the French Basque Country in southwestern France.

venue

The event will take place in an historical, prestigious venue: The Municipal Casino of Biarritz. This is an Art Deco building, built in 1929 by the architect Alfred Laulhé; partially renovated in 1990 and cataloged as a historical monument in 1992.

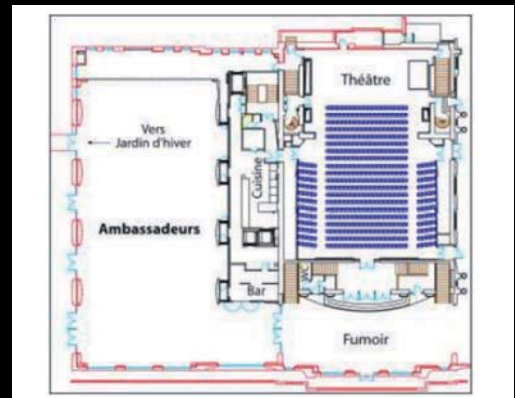
The Casino of Biarritz is located on the main beach, in the center of the village and holds, in addition to play rooms, a luxurious theater where the competition will be performed, and a swimming pool.

There are 730 seats on the main auditorium, which is provided with the most advanced technical and audio-visual equipment.



IMPORTANT NOTICE FOR FITNESS ATHLETES

Preparing your fitness routines, take into account that the Biarritz Casino stage dimensions are 12.5 m by 11.0 m.



official hotel

Biarritz Novotel is a four-star hotel. This hotel will be the official hotel of the Championships, offering accommodation as well as the venue for the event.

IMPORTANT NOTICE: The Official Hotel will be used to accommodate the Official Participants (athletes, delegates, extra delegates).



accommodation

The organizer will provide a welcome dinner Friday night, three meals on Saturday and Sunday and breakfast on Monday for official participants:

- Official participants under the rules of the IFBB:
 - Three (3) or more competitors = two (2) delegates
 - Two (2) competitors or less = one (1) delegate
- The term “Official Participant” means 1) an athlete who is duly authorized by the National Federation and who is registered by the IFBB to participate in the championships, and 2) a delegate who is duly authorized by his National Federation and who is enrolled by the IFBB to participate in the Championships according to the IFBB rules.

A National Federation with no athlete may send one (1) representative; however, this delegate will be responsible for all expenses.

The official arrival date is Friday, December 1st, 2017.

The official departure date is Monday, December 4th, 2017.

important notice

The arrival of all National Team official members (athletes and delegates) must be made before the start of the Team Managers and Judges Meeting (Friday at 17:00). Any participant or official that is sure to arrive after 16:00 must notify the Organizing Committee beforehand.

All judges, trainers or coaches who are not official participants will be responsible for their own expenses. If your National Federation wishes to bring a judge, coach or guide, it is recommended to appoint that person as an official of your Federation; otherwise, they will be responsible for all their expenses. The same rule applies to family members.

NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES

ADDITIONAL DELEGATES, SUPPORTERS AND MEDIA REPRESENTATIVES:

The Organizing Committee has set up a special package including 3 nights, meals, and tickets for EUR €375 per person in a double room or EUR €475 for each single room. For more information please ask the Organizing Committee. Decision should be sent no later than November 15th, 2017.

official athlete registration

The Registration will be run on Friday, December 1st, 2017, from 12:00 till 21:00 at the CASINO MUNICIPAL BIARRITZ. Athletes can be measured and registered upon their arrival to the hotel.

All athletes will have to produce their **Passport** or Identity Card and **IFBB International Card** at the Official Registration. Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. IFBB International Cards are **EUR €30** per year and are mandatory.

All posing music must be on an **audio CD or USB pendrive**. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification. Pendrive should be packed in an envelope. **The use of profane, vulgar and offensive language is strictly prohibited in the posing music.**

Each athlete participating in the Championships will be provided with a **competitor wrist band** at the Registration. This wrist band allows daily attendance to the venue.

IFBB registration fee

Each official athlete and each official delegate must pay the IFBB Registration Fee of **EUR €375** (in a double room) or **EUR €475** (in a single room). This fee includes: hotel accommodation from Friday, December 1st, 12:00 noon till Monday, December 4th, 10:00 o'clock, meals and entrance to the venue.

The registration fee and packages SHOULD BE PAID BEFOREHAND ONLINE <https://www.ifbb.com/competition-registration/> latest on November 23rd, 2017 (Thursday) till midnight. After this date the online system of payment will be switched off.

If you have not paid online before the Championships and you pay the registration fee at arrival, the registration fee will be €50 per person more.

If you pay the registration fee online before the Championships, the Organizing Committee will prepare accreditation for your team and hotel rooms, so you will not have to wait.

The IFBB registration fee is completely separate **from the hotel security deposit.**

hotel security deposit

A hotel security deposit of EUR €100 PER PERSON is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, room service, laundry i.e. soiled sheets or towels with tan, etc...). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his or her team.

Please, inform your team members before departure to France not to create additional expenses.

The IFBB banned all tans which can be wiped off. An official will verify athletes' tan before they will be allowed to enter the stage and if the tan comes off simply by wiping, the athlete will be told to remove the tan.



arrival / airport

- Aéroport de Biarritz Pays Basque (5 km from the city center)
- San Sebastian Airport (32 km from the city center) are the official airports for these Championships.

TRANSPORTATION TO AND FROM THE AIRPORT

Transportation from the airport to the hotel will be arranged for all teams by the organizer at an extra charge of EUR €10 per person (one way) if it is from/to Biarritz Airport and EUR €20 per person (one way) if it is from/to San Sebastian Airport.

Organizing Committee representative will meet you at the Aéroport de Biarritz Pays Basque or the San Sebastian Airport. The transportation will be provided between the airport and the hotel on Friday, December 1st, 2017, and then between the hotel and the airport on Monday, December 4th, 2017, based on the arrival and departure schedules.

ARRIVALS

Any National Federations arriving before the official arrival date of Friday, December 1st, 2017 and staying on after the official departure date of Monday, December 4th, 2017 will be responsible for all their own expenses. They will also be responsible for their own transportation between the hotel and airport. If you want to stay extra days before or after the Championships, you can contact the organizer.

The rates in Novotel Hotel before the official arrival day of December 1st and after the official departure date of December 4th are EUR 90€ (meals are not included). You are required to notify the Organizing Committee of your arrival and departure dates no later than November 15th, 2017. We strongly encourage you to register early and make appropriate arrangements if you are going to participate in this event.

participation

The IFBB World Fitness Championships are open to all IFBB-affiliated National Federations worldwide. Competitors must be current members of their IFBB-affiliated National Federation at the time of competition to be eligible.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names to the Organizing Committee, the IFBB Technical Committee and IFBB Head Office in Madrid.

The deadline date for submitting the Final Entry Forms is November 20th, 2017.

The final decision to allow an athlete to compete in this event rests with the IFBB.

Each National Federation may enter not more than 4 (four) competitors in each single category plus 2 mixed pairs. Competitors will not be allocated to A or B Teams. It means that the maximum allowable number of competitors per National Federation is 78 (19 categories x 4 = 76 + 2 men for mixed pairs).

Women athletes for Mixed Pairs must compete in Women's Physique, Women's Fitness or Women's Bodyfitness divisions.

All competitors shall compete for placings and awards, including the Best National Team award.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event is NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.



CATEGORIES OPEN FOR COMPETITION

	DISCIPLINE	CATEGORY	NATIONAL TEAM
1	Women Bodyfitness	Up to & incl. 158 cm	Not more than 4 per category
2	Women Bodyfitness	Up to & incl. 163 cm	
3	Women Bodyfitness	Up to & incl. 168 cm	
4	Women Bodyfitness	Over 168 cm	
5	Women Fitness	Up to & incl. 163 cm	Not more than 4 per category
6	Women Fitness	Over 163 cm	
7	Women Bikini Fitness	Up to & incl. 158 cm	Not more than 4 per category
8	Women Bikini Fitness	Up to & incl. 160 cm	
9	Women Bikini Fitness	Up to & incl. 162 cm	
10	Women Bikini Fitness	Up to & incl. 164 cm	
11	Women Bikini Fitness	Up to & incl. 166 cm	
12	Women Bikini Fitness	Up to & incl. 169 cm	
13	Women Bikini Fitness	Up to & incl. 172 cm	
14	Women Bikini Fitness	Over 172 cm	Not more than 4 per category
15	Women Physique	Up to & incl. 163 cm	
16	Women Physique	Over 163 cm	Not more than 4 per category
17	Women Wellness Fitness	Up to & incl. 163 cm	
18	Women Wellness Fitness	Over 163 cm	Not more than 4 per category
19	Men Fitness	Open Class	
20	Mixed Pairs	Open Class	Not more than 2

the best teams classification

At the **World Fitness Championships**, the results of the following competitors from each National Team will be taken into consideration to calculate the total points of each team:

1. Men Fitness - top 1
2. Women Fitness - top 2
3. Women's Physique - top 1
4. Women Bodyfitness - top 3
5. Women Bikini-fitness - top 5
6. Women Wellness Fitness - top 1
7. Mixed Pairs - top 1

Points awarded to National Federation for individual places won by its top competitors:

IFBB WORLD & CONTINENTAL CHAMPIONSHIPS

PLACE	POINTS
1 st	16
2 nd	12
3 rd	9
4 th	7
5 th	6
6 th	5
7 th	4
8 th	3
9 th	2
10 th	1

parade of nation

The dress code for all delegates and/or officials taking part in the Parade of Nations is the IFBB official uniform. One (1) delegate per country must take part in the Parade of Nations.

judges

To be taken into consideration during selection of judges panels at the Championships, IFBB International Judges (as well as test judges) **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2017. This fee may also be paid at the Championships in Biarritz.

Test judges should pay a test fee of EUR €50. This fee may be paid at the Championships. All judges must attend the Judges/Team Managers Meeting.

If the above conditions haven't been met, judges will not be able to carry out their duties at the Championships.

flight confirmation

Please confirm your flight 36 hours after arrival.

visas

A valid passport is required to enter France (Schengen Zone). Citizens of 55 countries don't need a visa coming for a short period (up to 90 days). Detailed information at: https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area

Please contact the French Embassy in your country to determine if you need a visa.

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations may ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer:

- A copy of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures

doping control

Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory. In order to compete in the Championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability

Form (available in the appendix). Doping control may be conducted using any of the following methods:
Random Selection: A number of athletes selected and random throughout the event e.g. at weigh-in.
Weighted Selection: A number of athletes selected at random from among the finalists in the final.

The IFBB reserves the right to monitor an athlete.

The IFBB is a signatory of the WADA Code. Participating National Federations have a duty and obligation to ensure that their national team athletes are competing drug-free at the IFBB international competitions.



media accreditation

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing and IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@ifbb.com no later than November 15, 2017.

backstage access/dressing room access

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

green cards

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed to National Federations at the Team Managers and Judges Meetings as follows:

- Eleven (11) or more competitors - three (3) green cards
- From six (6) up to ten (10) competitors - two (2) green cards
- Five (5) or less competitors - one (1) green card

If national federation officials do not attend the Team Managers and Judges Meeting, **this federation will not be issued a green card.**

camera/videotape equipment

Camera and/or videotape equipment shall be strictly prohibited in the backstage and dressing room areas except when used by IFBB-authorized persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

currency

The national currency in France is Euro (EUR) €. Current rates of EUR to other currencies available at: <http://www.xe.com/currencyconverter/>

All major credit cards are widely accepted at most major hotels, department stores and restaurants.

time difference

Central European Time Zone: UTC+1

climate

During the month of December the average temperatures are between 5 and 13°C (42 - 55°F).

electric current



The electric outlets are 220 V, 50 Hz. Plug / socket of type C and E. If other type of a plug, you may need an adapter. Detailed info at: <http://www.worldstandards.eu/electricity/plugs-and-sockets/>

language

The Official language in France is French. English is widely spoken in hotels, restaurants, banks, shopping centers and tourist areas.

athletes without delegate

All athletes competing in the IFBB World Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must be nominated by his National Federation by sending the Final Entry Form, with his name, failing which the athlete will not be allowed to participate.

failure to honor the final entry form deadline

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championships activities. A failure to respect these deadline is breach of the IFBB Rules.

If a National Federation fails to respect the deadlines written on the Final Entry Form, each «Official Participant» from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

misrepresentation

Misrepresentation is a serious breach of the IFBB CODE OF ETHICS and occurs when an "official" of a National Federation deliberately misrepresents the number of athletes and delegates so as to obtain free of charge accommodations, meals, onsite transportation, access to the prejudging, finals, and farewell banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an athlete only to have that so-called athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete. Any National Federation found guilty of misrepresentation will be immediately disqualified from the championships and will be fined an amount equal to the Special Package Rate for each person involved.



medical withdrawal

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

preliminary entry form

The deadline date for the Preliminary Entry Form is November 1st, 2017. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including Judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

final entry form

The deadline date for sending the Final Entry Form is **November 20th**, 2017. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including Judges). You must also provide arrival and departure information.

Only athletes who **are not suspended** or not fulfilling any period of **ineligibility** due to Anti-Doping Rule Violation or any disciplinary case at national or international level may be specified in the Final Entry Form.

In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

It is the responsibility of the President or General-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

CORRESPONDENCE/CONTACT INFORMATION

AFBBF OFFICE:

Cell Phone: 00 33 7 81 91 26 23 – 00 33 6 19 68 80 29

E-mail: afbbf.ifbb.f@free.fr

PLEASE COPY ALL CORRESPONDENCE TO:

IFBB HEAD OFFICE

E-mail: info@ifbb.com

Web: www.ifbb.com

And IFBB Technical Committee

E-mail: amichalak5@gmail.com



tentative schedule of activities

The following Schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

Friday, December 1st, 2017		
10:00 - 16:00	Arrival of National Teams	Novotel Hotel
12:00 - 21:00	Official Athlete Registration	Biarritz Casino
12:00 - 14:00	Lunch	Novotel Hotel
17:00	Team Managers and Judges Meeting	Novotel Hotel
20:00 - 22:00	Welcome Dinner	Novotel Hotel
Saturday, December 2nd, 2017		
06:00 - 09:00	Breakfast	Novotel Hotel
10:00 - 13:00	Prejudging and finals - Part 1	Biarritz Casino
13:30 - 14:30	Lunch	Novotel Hotel
15:00	Official Opening Prejudging and finals - Part 2	Biarritz Casino
20:00 - 22:00	Dinner buffet	Novotel Hotel
Sunday, December 3rd, 2017		
06:00 - 09:00	Breakfast	Novotel Hotel
10:00 - 13:00	Prejudging and finals - Part 3	Biarritz Casino
13:30 - 14:30	Lunch buffet	Novotel Hotel
15:00	Prejudging and finals - Part 4	Biarritz Casino
21:00	Farewell Dinner	Novotel Hotel
Monday, December 4th, 2017		
06:00 - 09:00	Breakfast	Novotel Hotel
Up to 12:00	DEPARTURES	



2017



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